

Red Room Weekly Lesson Plan - One-Year Olds

Week of: _____

Theme: Beaches

Teacher: Ms. Katy

	Monday	Tuesday	Wednesday	Thursday	Friday
Indoor Opportunities Explore and Discover	Gross Motor Kick and hit beach balls back and forth	Water Day	Music Play Pool Side music and dance	Nutrition Explore a coconut and pineapple	Math Counting Sea shells
Outdoor Opportunities Explore and Discover	Sensory Play in the sandbox; make sand castles	Fine Motor Have fish water squirters; squirt water	Social Studies Let's Go to the Beach	Science Find pictures of beaches and sand; show them sand and shells.	Language Work on <i>please</i> and <i>thank you</i> while playing and sharing toys

Physical Activities this week: We will be working on throwing, playing ball, pincher grasp and kicking.

Parent/Family Notes and Reminders: Please share any beach items and don't forget about water day. Please make sure your child has a bathing suit, towel and sunscreen. Thank you.

Changes in Daily Routines

We will be adding beach things to our environment.

“To Do” List:

Put out beach items;
request water squirters,
coconuts and pineapples.

Family Involvement

If you have anything from home that you would like to share that would be great.
Some ideas include: beach balls, sand, shells, pictures of vacations on the beach.

Please talk about water safety and swimming safety at home?

Maybe take a trip to the pool to incorporate things about water and beaches.

