

Infant Weekly Lesson Plan

Week of:

Theme: Winter Activities

Teacher: Ms. Mary

	Monday	Tuesday	Wednesday	Thursday	Friday
Indoor Opportunities Explore and Discover	Stack large and small blocks and talk about building a snowman	<p style="text-align: center;">Read: Winter Activity Books</p> <p style="text-align: center;">Sing: Sliding And I'm a Little Snowman</p>	Throw softballs and tissue paper balls. Also working on crinkling paper up like a snowball	Drop cotton balls on sticky paper to create a snowman. Work on climbing large mat that slopes.	Cook cauliflower and taste. Pretend we are eating snowballs. Also work on rolling the cauliflower like a snowball.
Outdoor Opportunities Explore and Discover	If we have snow? We will make a small snowman.	<p style="text-align: center;">Read: Build a Little Snowman. The Snowman Ran and Ran and I Can Make a Snowman</p>	Play ball outside or inside if weather does not allow us to go out.	Explore plastic sled outside or inside.	Explore the outside winter weather and talk about the cold and what it feels like? Inside look out the window and open up the window to feel the cold air.

Physical Activities this week: We will be working on throwing, playing ball, rolling, climbing and stacking.

Parent/Family Notes and Reminders:

Changes in Daily Routines

We will be encouraging picking up large and small blocks. We will also be encouraging infants to use their legs and arms to climb and move. For social activities we will be working on playing ball together and building blocks together to encourage play and cooperation.

“To Do” List:

Put out softballs, large and small blocks, plastic sled and large mats that slope.

Family Involvement

Make a happy memory together with your child. Think about physical exercise while stuck indoors on gloomy, cold days. Some ideas outside include: building a snowman, go sledding together, or just enjoying playing in the snow. Afterwards come inside to eat a healthy warm bowl of soup or baby food. When finished don't forget to snuggle up together under a blanket. ☺

